



Parent RSE Consultation with FAQ

Overview

In September 2025 a consultation was administered to collect the thoughts and responses about our RSE curriculum at Shardlow Primary school.

- Of the 91 pupils that attend our school we had 21 parents who responded.
- 57% were familiar with the RSE curriculum.
- 52% agreed that RSE specific lessons could be brought forward into the school year. *
- 86% of parents agreed that the content was age appropriate.

RSE Themes

When asked about specific themes that parents thought are important for children and young people today these were some of the suggestions- a lot of which we already cover and some we are continuing to build into our curriculum (see below for more information).



Finances- this is currently taught specifically in our money matters PSHE unit.

Online Safety- the focus on this theme also correlates with our internal safeguarding data- we have a multifaceted approach to the teaching of online safety including; direct specific online safety teaching through our PSHE Unit 'Keeping Safe' as well as it appearing as an ongoing thread throughout the rest of the PSHE curriculum. Our 'Happy and Safe' assembly curriculum also reinforced key learning and provides us with opportunities to quickly address any new insights or risks. Our key messages are also reinforced in our weekly computing lessons. We know that our work in this area is never complete and we are consciously working hard behind the scenes to be proactive in adapting and developing our curriculum in light of new technological advances and risks.

Consent and healthy relationships- at the moment this is taught throughout the whole school from Trent Class when they are encouraged to ask permission to hold hands etc, to KS1 where we have used peer massage as part of our well-being curriculum and then this is taught more discretely throughout KS2 in our PSHE curriculum)

Changes to the curriculum

After the consultation we have come to the agreement that most of the RSE curriculum will be taught in our 'Growing Up' unit of our Shardlow Curriculum with the guidance

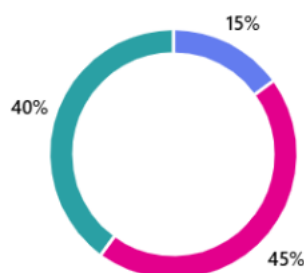


from Derbyshire PSHE Matters scheme of work. We will continue to use the Christopher Winter resources to support with this teaching. Puberty will be taught earlier in the school year to support the understanding of how bodies are changing as you get older. The lesson that is taught regarding conception and pregnancy will be taught in the summer term in year 6 only.

Support for Parents

What kind of information, resources, or guidance would help you feel more confident discussing RSE topics at home?

● Book recommendations	3
● Parent information	9
● Parent workshop to see resources we use in school	8



Our school website has a wealth of information about how our RSE curriculum is taught, including the key knowledge at different ages as well as examples of resources and vocabulary used.

We will continue to keep you updated with book recommendations on our class newsletters and via class Dojo. We will also be putting in a date for a RSE parent workshop so keep an eye on the school calendar for more information on this

We will continue to let you know about these upcoming lessons via Class Dojo as all parents agreed this was a good system.

Frequently asked questions

Why is sex education being taught and it not being taught through biology?

The only lesson regarding intercourse is one lesson in Year 6 which we still intend to teach as late as possible in the school year. The lessons in the run up to this lesson are all about relationships.

Which resources are you using as looking at the Christopher Winter project I am unhappy with some of the subject matter?

The books that you specifically mentioned in your question are ones we do not use in our lessons. We use the printable resources as they are factual and really useful as a visual for the children to understand. When we have the workshop please come along and see what is being taught as it is all age appropriate and factual.

Why would they need to know about sexual education in year 2?

We completely agree and this is why as mentioned above we call it RSE; we learn mostly about relationships and the impact positive and negative relationships can have on individuals. In year 2 we start to name parts of the body in a factual and scientific manner and we can determine the differences between boys and girls. In



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years 3 and 4 they start to talk about puberty and body changes including menstruation and then in year 5/6 they learn about the reproductive system and puberty in more detail.

Thank you so much to those who took the time to help us enhance our children's education in an everchanging world.

If you require any more information please don't hesitate to contact me.

Mrs Peach 😊