

GENERAL HEALTH & SAFETY RISK ASSESSMENT FOR:

GYMNASTICS

PART 1 : ADMINISTRATIVE DETAILS

Section/Establishment Name: Shardlow Primary School

Date of Assessment 01.09.2022

Date of Issue

Assessment carried out by

K Magner

Signature



Reviews

Review Date	Reviewed by	Date	Changes Made	
			Y	N

Affected persons:

Young People/Clients

☐

Staff

☐

Visitors

☐

Contractor

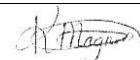
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Others (specify)

Name of Manager confirming and agreeing Assessment:

K Magner

Signature:



The following sections should be completed by all staff who need to be made aware of and abide by the findings of the Risk Assessment. NB: If, as a result of a review, changes are made to the Risk Assessment the relevant box on the attached page should be completed as appropriate by the staff concerned.

RISK ASSESSMENT

I confirm that I am aware of and understand the findings of the Risk Assessment and agree to ensure that I will work to the stated Control Measures and bring to the attention of Management any deficiencies in the findings of the Assessment.

Print Name	Signature	Date	Print Name	Signature	Date

RISK ASSESSMENT

What are the hazards?	Generic Control Measures	✓ X	Person to implement	Additional Control Measures needed to reduce risk to an acceptable level	Person to implement	Date to be actioned
People ➤ Inappropriately trained and / or unqualified staff ➤ Inappropriate clothing and jewellery	The Headteacher to ensure that staff and coaches delivering gymnastics are appropriately qualified.	Y	HT			
	Anyone delivering gymnastics will only work within their level of competence and confidence.	Y	All staff			
	All staff who feel that they lack the competence to deliver a particular activity will alert the head teacher.	Y	All staff			
	Staff delivering out of hours gym clubs will be qualified and competent to run activities.	Y	PE lead			
	Staff coaching pupils to competition level will hold a current British Gymnastics Teachers award or level 2 coaching award refreshed every 5 years.	Y	PE Lead			
	Clear school policies regularly communicated to parents and pupils	Y	HT			
	All jewellery is removed prior to any gymnastic activities	Y	All staff			
	Under no circumstances will staff remove pupil jewellery.	Y	All staff			
	Pupils who are not able to comply with the schools rules will only be involved in appropriate parts of the lesson where their work can be supervised e.g. setting up, observing, teaching etc	Y	All staff			
	Hair will be tied back off the face and nails trimmed.	Y	All staff			
	Clothing for gymnastics will allow free and unrestricted movement without being loose or baggy, which may snag on equipment and cause injury.	Y	All staff			
	Bare feet are preferred as this can enhance aesthetic awareness and gymnastic performance, providing working surfaces are suitably clean and free from hazard.	Y	All staff			
	Footwear, if worn, will be light and flexible, enabling pupils to feel the movement (Plimsolls/ gymnastics slippers).	Y	All staff			
	Training shoes are not suitable for work in gymnastics.	Y	All staff			
Equipment / teaching area ➤ Storing and Moving Equipment	Apparatus is checked for defects on a lesson by lesson basis.		All staff	➤ OA- office administrator		
	All gymnastic apparatus is annually inspected by a qualified and competent person. Trampolines and Trampettes do not come		OA			

	under the remit of the annual inspection carried out by DCC property services or the qualified teacher. Independent inspection must be sought.					
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What are the hazards?	Generic Control Measures	✓ X	Person to implement	Additional Control Measures needed to reduce risk to an acceptable level	Person to implement	Date to be actioned
Equipment / teaching area (Cont.)	Apparatus is stored in such a way as to offer safe and easy access to staff and pupils. Pupils are shown correct methods to move equipment.			➤		
	Pupils only move equipment suitable to their age, strength and ability.					
	Individual assessments written for each piece of equipment (e.g. storage, inspection, positioning, transport, use)					
	Staff monitor how children manage equipment and correct them accordingly.					
	All pupils taught to assemble and dismantle equipment correctly.					
	Equipment checked by staff for correct assembly before activity commences.					
	Staff check there is sufficient space around apparatus and appropriate location for dismounts etc.					
	Mats are not indiscriminately placed around the work area.					
	Each mat is placed with a specific purpose in mind.					
	Mats never used to protect against a foreseeable fall due to a poorly developed skill.					
	Mats only used in gymnastics for the following reasons a) demarcate cushioned area/ pathway for floor work b) identify suitable landing area c) offer a limited measure of protection in case of a mistimed dismount					
	Teaching area will be of suitable size for taught activity.					
	Teaching area will be clean and free from hazard.					
	Staff to check for condition of teaching area prior to start of lesson.					
	Staff will tailor activities to suit teaching area to be used.					

What are the hazards?	Generic Control Measures	✓ X	Person to implement	Additional Control Measures needed to reduce risk to an acceptable level	Person to implement	Date to be actioned
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Lesson	All gymnastic activities will include an effective preparation and recovery period (warm up and cool down) at the start and end of the activity.			➤		
	Gymnastics activities taught through a progressive and differentiated scheme of work and demonstrated through teachers lesson planning.					
	Differentiated practice, taking into account the varying abilities and progress of individual pupils, provides the basis for safe and successful learning. Skills already learned will be revisited on a regular basis and frequent consolidation is a feature of planning.					
	Care is taken with pupils who have experienced a prolonged absence and whenever units of gymnastic activity have been punctuated by long periods of time.					
	Pupils we involved in the management of risk in gymnastics and provision is made for this to become part of the learning process.					
Climbing activities	Climbing activities are taught progressively and informed by pupils' confidence, competence and individual ability.			➤		
	Apparatus is suitable and appropriate to age and ability of pupils.					
Flight activities	A progressive approach to teaching flight is applied and demonstrated through individual teacher lesson plans.			➤		
	Pupils will demonstrate competence in each stage before moving to the next:					
	- jumping on floor - jumping using a bench - jumping using a table/platform					
	Springboards and trampettes are not used to deliver primary curricular gymnastics.					
	In secondary schools the use of springboards and trampettes are formally and progressively taught.					
	Landing/crash mats we not used in primary curriculum gymnastics.					
				➤		

