

GENERAL HEALTH & SAFETY RISK ASSESSMENT FOR:

ATHLETICS

PART 1 : ADMINISTRATIVE DETAILS

Section/Establishment Name: Shardlow Primary School

Date of Assessment 01.09.2022

Date of Issue

Assessment carried out by

Kylie Magner

Signature

Reviews

Review Date	Reviewed by	Date	Changes Made	
			Y	N

Affected persons:

Young People/Clients ☒

Staff ☒

Visitors ☐

Contractor ☐

Others (specify)

Name of Manager confirming and agreeing Assessment:

Kylie Magner

Signature:

The following sections should be completed by all staff who need to be made aware of and abide by the findings of the Risk Assessment. NB: If, as a result of a review, changes are made to the Risk Assessment the relevant box on the attached page should be completed as appropriate by the staff concerned.

RISK ASSESSMENT

I confirm that I am aware of and understand the findings of the Risk Assessment and agree to ensure that I will work to the stated Control Measures and bring to the attention of Management any deficiencies in the findings of the Assessment.

Print Name	Signature	Date	Print Name	Signature	Date

RISK ASSESSMENT

What are the hazards?	Generic Control Measures	✓ X	Person to implement	Additional Control Measures needed to reduce risk to an acceptable level	Person to implement	Date to be actioned
People ➤ Inappropriately trained and /or unqualified staff ➤ Inappropriate clothing, jewellery and behaviour ➤ Violent trespassers/ dogs	Headteacher to ensure all staff delivering athletics are appropriately trained and qualified.	✓		➤		
	Staff/coaches who wish to teach/coach athletics will have one of the following qualifications:	✓				
	➤ Specialist initial teacher training qualification which must have included elements on athletics delivery.					
	➤ Local authority qualification					
	➤ Level 2 athletics coaching qualification through the National governing body, UK athletics. They must be working under the direction and supervision of a qualified PE teacher in secondary athletics.					
	Clear school policies regularly communicated to parents and pupils.	✓				
	Glasses will be safely secured and lenses unbreakable.	✓				
	Staff will ensure all pupils are appropriately dressed	✓				
	Hair will be tied back off the face and nails trimmed.	✓				
	Appropriate footwear and clothing for the activity will be worn.	✓				
Equipment / Storage / Condition and Movement	Footwear will be appropriately secured.	✓		➤		
	DCC strongly recommend that all jewellery is removed. However in cases where this is not possible tape may be used if applied by the pupils or parent. This will be in accordance with the school policy.	✓				
	Athletics activities must be halted immediately if a stray dog enters the playing area or if there is a risk of violence from members of the public. Appropriate action to summon help and safeguard the pupils must be taken.	✓				
	Equipment will be stored so it is easily accessible to retrieve and put away.	✓				
	Equipment will be removed and stored in a systematic manner.	✓		➤		
	Javelins will be stored vertically and where this is not possible the ends will be guarded.	N/A				
	Javelins will be stored in purpose built storage racks.					

What are the hazards?	Generic Control Measures	✓ X	Person to implement	Additional Control Measures needed to reduce risk to an acceptable level	Person to implement	Date to be actioned
Equipment	Shots are stored where minimum bending or reaching is required.		N/A	➤		
	Stores are kept locked and only accessed by members of staff or pupils under direct supervision.	✓				
	All equipment will be formally inspected and recorded periodically.	✓				
	All equipment is inspected and will be free from defects before each use.	✓				
	Pupils will only move equipment suitable to their age, strength and ability.	✓				
	Individual assessments are written for each piece of equipment by the school.	✓				
	Staff will monitor how children manage equipment and correct them accordingly.	✓				
	Throwing implements are carried singly, with the exception of discuses, which may be carried in a wire basket.	✓				
	Carrying equipment always undertaken at a walking pace.	✓				
	Javelins always carried vertically and pupils monitored to ensure this happens.		N/A			
	Implements must be placed on the ground and never dropped.	✓				
	Javelins are placed on the ground in a vertical position.		N/A			
	Pupils are shown correct methods to move equipment. This is reinforced as necessary.	✓				
Facility / Playing Area	All playing surfaces are inspected before use for any hazards which could increase the risk of injury such as holes or cracks or foreign objects such as broken glass, animal faeces, syringes or large stones.	✓		➤		
	Any foreign objects found will be safely removed prior to activity.	✓				
	Any areas deemed unsafe due to holes/cracks uneven surfaces will not be used.	✓				
	The playing area will be kept free of all equipment not being used as part of the activity.	✓				
	Athletic facilities are maintained in good condition.	✓				
	Running surfaces are level and free from holes, divots and other hazard and finishes allocated sufficient run off space.	✓				

What are the hazards?	Generic Control Measures	✓ X	Person to implement	Additional Control Measures needed to reduce risk to an acceptable level	Person to implement	Date to be actioned
Facility (Cont.)	Jumping pits are regularly dug, sand levels maintained, and systematically checked for any dangerous objects. Stable, smooth and non slip approaches are provided for jumping and throwing activities. Throwing and hurdling are particularly hazardous in wet conditions on grass and are avoided. Activities have sufficient space to avoid potential danger zones, with no possibility of overlap. Throwing zones are clearly marked and procedures for entry and exit well understood.	N/A		➤		
Lesson	All athletic activities include an effective preparation and recovery period (warm up and cool down) at the start and end of the activity. It is essential that pupils follow a suitable teaching progression in all athletic activities. Pupils will be sufficiently mature both physically and mentally before they are allowed to use authentic competition equipment. For primary schools only soft throwing implements are used. Throwing activities are always be confined to a safe, clearly demarcated area. Dimensions and weight of throwing equipment is appropriate to the age and physical maturation of the thrower. It is essential that all throwing equipment remains dry throughout the duration of the activity to prevent unpredictable release. Hammer throwing is not appropriate at school level unless you have a cage that conforms to UK athletics standards. Throwers waiting to perform will stand well behind the circle or throwing line in a designated area before instructed to move forwards. There is a system and sequence of teacher commands that is understood by all. These are in place for all throwing activities. For throwers working in a group situation there is a standard throwing procedure which operates throughout the school.	✓		➤		
➤ Throwing		✓				

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Lesson (Cont.) ➤ Jumping <						

What are the hazards?	Generic Control Measures	✓ X	Person to implement	Additional Control Measures needed to reduce risk to an acceptable level	Person to implement	Date to be actioned
Lesson Running (Cont.)	Cross country courses are chosen with ease of supervision and safe guarding as major factor.	✓		➤		
	Firearms are not acceptable as starting devices in schools with the exception of very small calibre cap firing pistols. Ear defenders will be worn and the pistol held at arms length.	✓				
	Starting pistols are only be used and held by authorised members of staff.	✓				
	Starting pistols are stored in a locked cabinet and are only signed in and out by the Headteacher and returned after each session.	✓				